















Ripplevale School Menu

Menu

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Week beginning 6/1/25

Drinks	Monday	Tuesday	Wednesday	Thursday	Daily Options
<p>Selection of squashes</p>  <p>Water</p> 	<p>Main Meal</p> <p>Crispy Garlic Chicken and Garlic Sauce</p>  <p>with</p> <p>Wholegrain rice and broccoli</p>  <p>Dessert</p> <p>Fresh fruit, yoghurt or Ice Cream</p> 	<p>Main Meal</p> <p>Battered Fish</p>  <p>with</p> <p>Mini diced roasties and peas</p>  <p>Dessert</p> <p>Fresh fruit, yoghurt or jelly pot</p> 	<p>Main Meal</p> <p>Roast Pork</p>  <p>with</p> <p>Roast potatoes and vegetables</p>  <p>Dessert</p> <p>Fresh fruit, yoghurt or jelly pot</p> 	<p>Main Meal</p> <p>Taco Beef Spaghetti</p>  <p>with</p> <p>Bread and salad</p>  <p>Dessert</p> <p>Fresh fruit, yoghurt or mousse</p> 	<p>Main Meal</p> <p>Jacket Potato</p>  <p>with</p> <p>Cheese, beans, coleslaw or tuna</p> 

All our meals are cooked fresh in our school kitchen every day. The majority of meals are homemade using locally sourced ingredients.

All of our fruit and vegetables come from Walmer Court Farm Shop in Walmer; our meat from Salvatori Butchers in Whistable; and all of our other ingredients from Q Catering Supplies in Sittingbourne.

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Ripplevale School Menu

Menu

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Week beginning 13/1/25

Drinks	Monday	Tuesday	Wednesday	Thursday	Daily Options
<p>Selection of squashes</p>  <p>Water</p> 	<p>Main Meal</p> <p>Fish Pie</p>  <p>with</p> <p>Vegetables</p>  <p>Dessert</p> <p>Fresh fruit, yoghurt or Ice Cream</p> 	<p>Main Meal</p> <p>Chicken and Mushroom Sauce</p>  <p>with</p> <p>Noodles & broccoli</p>  <p>Dessert</p> <p>Fresh fruit, yoghurt or jelly pot</p> 	<p>Main Meal</p> <p>Roast Gammon</p>  <p>with</p> <p>Roast potatoes and vegetables</p>  <p>Dessert</p> <p>Fresh fruit, yoghurt or jelly pot</p> 	<p>Main Meal</p> <p>Sweet Chilli Beef</p>  <p>with</p> <p>Egg fried rice, prawn crackers and veg or salad</p>  <p>Dessert</p> <p>Fresh fruit, yoghurt or mousse</p> 	<p>Main Meal</p> <p>Jacket Potato</p>  <p>with</p> <p>Cheese, beans, coleslaw or tuna</p>    

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Ripplevale School Menu

Menu

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Week beginning 20/1/25

Drinks	Monday	Tuesday	Wednesday	Thursday	Daily Options
<p data-bbox="253 424 427 491">Selection of squashes</p>  <p data-bbox="297 882 387 914">Water</p> 	<p data-bbox="577 376 730 408">Main Meal</p> <p data-bbox="568 440 741 472">Fish Burger</p>  <p data-bbox="622 667 685 699">with</p> <p data-bbox="546 730 759 799">New potatoes, peas/corn</p>  <p data-bbox="600 1018 712 1050">Dessert</p> <p data-bbox="512 1114 790 1182">Fresh fruit, yoghurt or Ice Cream</p> 	<p data-bbox="891 328 1032 360">Main Meal</p> <p data-bbox="869 440 1066 472">Mexican Beef</p>  <p data-bbox="936 667 999 699">with</p> <p data-bbox="842 730 1088 799">Wholegrain rice, nachos and peas</p>  <p data-bbox="909 1018 1021 1050">Dessert</p> <p data-bbox="824 1114 1099 1182">Fresh fruit, yoghurt or jelly pot</p> 	<p data-bbox="1200 376 1352 408">Main Meal</p> <p data-bbox="1178 440 1375 472">Roast Turkey</p>  <p data-bbox="1245 667 1308 699">with</p> <p data-bbox="1133 730 1413 799">Roast potatoes and vegetables</p>  <p data-bbox="1223 1018 1335 1050">Dessert</p> <p data-bbox="1137 1114 1413 1182">Fresh fruit, yoghurt or jelly pot</p> 	<p data-bbox="1514 376 1666 408">Main Meal</p> <p data-bbox="1469 424 1704 493">Sweet and Sour Pork</p>  <p data-bbox="1559 667 1621 699">with</p> <p data-bbox="1469 715 1693 815">Noodles, prawn crackers and peas/corn</p>  <p data-bbox="1536 1018 1648 1050">Dessert</p> <p data-bbox="1451 1114 1727 1182">Fresh fruit, yoghurt or mousse</p> 	<p data-bbox="1821 376 1973 408">Main Meal</p> <p data-bbox="1798 440 1995 472">Jacket Potato</p>  <p data-bbox="1861 667 1924 699">with</p> <p data-bbox="1776 730 2011 799">Cheese, beans, coleslaw or tuna</p>    

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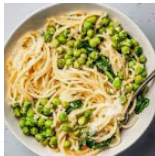















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Ripplevale School Menu

Menu

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Week beginning 27.1.25

Drinks	Monday	Tuesday	Wednesday	Thursday	Daily Options
<p>Selection of squashes</p>  <p>Water</p> 	<p>Main Meal</p> <p>Pork Meatballs</p>  <p>with</p> <p>Spaghetti, roll, peas/corn</p>  <p>Dessert</p> <p>Fresh fruit, yoghurt or Ice Cream</p> 	<p>Main Meal</p> <p>Cheesy Garlic Chicken Wrap</p>  <p>with</p> <p>New potatoes, carrots and peas</p>  <p>Dessert</p> <p>Fresh fruit, yoghurt or jelly pot</p> 	<p>Main Meal</p> <p>Roast Chicken</p>  <p>with</p> <p>Roast potatoes and vegetables</p>  <p>Dessert</p> <p>Fresh fruit, yoghurt or jelly pot</p> 	<p>Main Meal</p> <p>Beef Bourguignon</p>  <p>with</p> <p>Wholegrain rice, carrots and peas</p>  <p>Dessert</p> <p>Fresh fruit, yoghurt or mousse</p> 	<p>Main Meal</p> <p>Jacket Potato</p>  <p>with</p> <p>Cheese, beans, coleslaw or tuna</p>    

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Ripplevale School Menu

Menu

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Week beginning 3/2/25

Drinks	Monday	Tuesday	Wednesday	Thursday	Daily Options
<p>Selection of squashes</p>  <p>Water</p> 	<p>Main Meal</p> <p>Chicken Lasagne</p>  <p>with</p> <p>Roll and Salad</p>  <p>Dessert</p> <p>Fresh fruit, yoghurt or Ice Cream</p> 	<p>Main Meal</p> <p>Pork Chop</p>  <p>with</p> <p>Savoury wholegrain rice and broccoli</p>  <p>Dessert</p> <p>Fresh fruit, yoghurt or jelly pot</p> 	<p>Main Meal</p> <p>Roast Gammon</p>  <p>with</p> <p>Roast potatoes and vegetables</p>  <p>Dessert</p> <p>Fresh fruit, yoghurt or jelly pot</p> 	<p>Main Meal</p> <p>Steak Pie</p>  <p>with</p> <p>Mashed potatoes, carrots and peas</p>  <p>Dessert</p> <p>Fresh fruit, yoghurt or mousse</p> 	<p>Main Meal</p> <p>Jacket Potato</p>  <p>with</p> <p>Cheese, beans, coleslaw or tuna</p>    

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Ripplevale School Menu

Menu

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Week beginning 10.2.25

Drinks	Monday	Tuesday	Wednesday	Thursday	Daily Options
<p data-bbox="277 432 448 501">Selection of squashes</p>  <p data-bbox="322 898 409 927">Water</p> 	<p data-bbox="524 373 808 517">Main Meal Sausage Pasta and Cherry Tomato Sauce</p>  <p data-bbox="636 691 696 719">with</p> <p data-bbox="611 767 721 796">Broccoli</p>  <p data-bbox="613 1031 723 1059">Dessert</p> <p data-bbox="530 1126 797 1193">Fresh fruit, yoghurt or Ice Cream</p> 	<p data-bbox="893 373 1043 402">Main Meal</p> <p data-bbox="860 453 1077 481">Chicken Korma</p>  <p data-bbox="938 691 999 719">with</p> <p data-bbox="826 732 1104 836">Wholegrain rice and spicy rainbow vegetables</p>  <p data-bbox="913 1031 1028 1059">Dessert</p> <p data-bbox="831 1126 1097 1193">Fresh fruit, yoghurt or jelly pot</p> 	<p data-bbox="1196 373 1346 402">Main Meal</p> <p data-bbox="1189 453 1352 481">Roast Beef</p>  <p data-bbox="1240 691 1301 719">with</p> <p data-bbox="1128 751 1404 818">Roast potatoes and vegetables</p>  <p data-bbox="1216 1031 1330 1059">Dessert</p> <p data-bbox="1133 1126 1400 1193">Fresh fruit, yoghurt or jelly pot</p> 	<p data-bbox="1498 373 1648 402">Main Meal</p> <p data-bbox="1487 453 1659 481">Cottage Pie</p>  <p data-bbox="1541 691 1601 719">with</p> <p data-bbox="1482 751 1655 818">Carrots and cabbage</p>  <p data-bbox="1516 1031 1630 1059">Dessert</p> <p data-bbox="1435 1126 1702 1193">Fresh fruit, yoghurt or mousse</p> 	<p data-bbox="1800 373 1951 402">Main Meal</p> <p data-bbox="1776 453 1975 481">Jacket Potato</p>  <p data-bbox="1843 691 1904 719">with</p> <p data-bbox="1758 751 1989 818">Cheese, beans, coleslaw or tuna</p>    

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