

















## Ripplevale School Menu W/C 15th July 2024

Menu	7 Week 7				
Drinks	Monday	Tuesday	Wednesday	Thursday	Daily Options
Selection of squashes 	<b>Main Meal</b> Bacon Carbonara  with Bread Roll & Salad 	<b>Main Meal</b> Beef Chilli  with Wholegrain Rice, Peas & Corn, Cheesy Nachos 	<b>Main Meal</b> Roast Chicken  with Roast potatoes and vegetables 	<b>Open Day Burgers &amp; Hot Dogs</b> 	<b>Main Meal</b> Jacket Potato  with Cheese, beans, coleslaw or tuna 
Water 	<b>Dessert</b> Fresh fruit, yoghurt or Ice Cream 	<b>Dessert</b> Fresh fruit, yoghurt or Ice Cream 	<b>Dessert</b> Fresh fruit, yoghurt or Ice Cream 		

All our meals are cooked fresh in our school kitchen every day. The majority of meals are homemade using locally sourced ingredients.

All of our fruit and vegetables come from Waimar Court Farm Shop in Waimar; our meat from Salvatori Butchers in Whatstable; and all of our other ingredients from Q Catering Supplies in Springbourne.

[www.waimarcourtfarmshop.co.uk](http://www.waimarcourtfarmshop.co.uk)

[www.salvatoributchers.co.uk](http://www.salvatoributchers.co.uk)

[www.qcatering.co.uk](http://www.qcatering.co.uk)