

Ripplevale School Menu

| Menu | 5 | Week beginning 27.1.25 | | | |
|---|--------------------------------------|--------------------------------------|-----------------------------------|---------------------------------|---------------------------------|
| Drinks | Monday | Tuesday | Wednesday | Thursday | Daily Options |
| | Main Meal | Main Meal | Main Meal | Main Meal | Main Meal |
| Selection of squashes | Pork Meatballs | Lamb Shepherd's Pie | Roast Chicken | Braised Beef with Dumplings | Jacket Potato |
| SHINSON SON SON SON SON SON SON SON SON SON | with | with | with | with | with |
| Water | Spaghetti, roll, peas/corn | Carrots and peas | Roast potatoes and vegetables | Carrot and swede mash and bread | Cheese, beans, coleslaw or tuna |
| | Dessert | Dessert | Dessert | Dessert | |
| | Fresh fruit, yoghurt or Ice Cream | Fresh fruit, yoghurt or jelly pot | Fresh fruit, yoghurt or jelly pot | Fresh fruit, yoghurt or mousse | |
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All our meals are cooked fresh in our school kitchen every day. The majority of meals are homemade using locally sourced ingredients.

All of our fruit and vegetables come from Walmer Court Farm Shop in Walmer; our meat from Salvatori Butchers in Whistable; and all of our other ingredients from Q Catering Supplies in Sittingbourne.

www.walmercourtfarmshop.co.uk

www.qcatering.co.uk